



KALEIDOSCOPE

THE LADIES OF NOTRE DAME AND SAINT MARY'S COLLEGE

VOLUME 55

NUMBER 1

SEPTEMBER 2020

From the PRESIDENT . . .

When JT (ND '81) and I brought our daughter to freshman orientation years ago, the message of "Welcome to the Notre Dame Family" resonated loud and clear. It reinforced a sense of belonging, and we knew Katie (ND '10) made the right choice in coming here. Later when JT and I moved to the area several years ago, we knew very few people. However, that same sense of belonging happened to me upon being welcomed to the Ladies of Notre Dame and Saint Mary's College. These women opened their hearts to me in friendship and I continue to be grateful for the blessing of LND/SMC in my life.

This sense of belonging is all the more important during the challenging times in which we live. As an organization and as friends, we are finding creative and safe ways to stay connected, as well as reaching out to other women who are interested in joining us. The

opportunities to connect are featured throughout this newsletter from the various interest groups to social and service activities, and our scholarship program. This fund continues to be a priority in support of local young women pursuing their undergraduate education at Notre Dame and Saint Mary's College.

As we recognize our 86th year as a community, please join us for a virtual opening reception to celebrate the Ladies of Notre Dame and Saint Mary's College. We will gather via Zoom on Tuesday, September 29 from 7 to 8:30 PM. It will be an interactive evening where we can get to know each other better and reinforce our sense of belonging. I look forward to seeing you and until then, may God bless you and your families!

*Sarah McDonald
President*



Virtual Opening Reception

Tuesday, September 29, 2020

7:00 – 8:30 pm

Current members will receive the Zoom link in advance via Mailchimp

Visitors and Newcomers ~ to receive the Zoom link, please email

Sarah <sarahmcdonald316@gmail.com> by September 28.



From the PROGRAM CHAIRS...

Program planning this year obviously has been a bit different than in the past. As we started talking about what events might look like, we knew the University of Notre Dame and Saint Mary's College situations would impact us, along with the local and national situation regarding Covid-19.

But what really matters, too, are your comfort levels. So thank you to everyone who quickly answered our July Google survey. Your responses and feedback greatly helped shape our planning.

Nearly three-quarters of those who responded reported being comfortable meeting outside (in varying group sizes), and 80% are fine using Zoom. With that in mind, our schedule – for now – centers on opportunities to connect with each other through small-group outdoor activities and virtual events, including one provided by Saint Mary's College.

This year especially, please keep an eye out for LND/SMC Mailchimp emails. Many of the small-group activities – like the BYOBs mentioned below – will be scheduled and announced via Mailchimp. Remember also to check your promotions folder if you use Gmail, since that's often where they go. And with more outdoor activities, we may need to cancel or reschedule at the last minute, so always check ahead if you aren't sure.

BYOB/Bring Your Own Brown-bag Lunch

Various dates and locations

The first of these debuted at Sarah McDonald's home in August, with Meg Mitzel following up with an invitation to dine at her house creek side. We would like to make this a weekly event (depending on weather and interest) as an easy, stress-free way to meet others and enjoy some face-to-face social time.

Just bring your own lunch (and drink) and come when between the specified hours (usually noon-2PM). These are outdoors, and locations will rotate. Watch for Mailchimp email announcements.

We also plan to alternate with a couple of "real" BYOB Happy Hours during the late afternoon/early evening so members whose schedules don't allow for a lunch gathering, may join.

If you have an outdoor space that can accommodate a couple of groups sitting 6 feet apart and are interested in hosting one of these, please reach out

to Betty Gallagher or Crickett Gibbons (contact information at the end). We'd like to schedule as many as possible before the weather changes.

An Evening with Tara Westover

offered by Saint Mary's College

Wednesday, September 16, 5PM

Online event

Don't miss this opportunity to hear author Tara Westover discuss her bestselling memoir, *Educated*, with Saint Mary's College President Katie Conboy during this virtual event. *Educated* explores the author's struggle to reconcile her desire for education and autonomy with her desire to be loyal to her family. The event is free, with donations going to the Saint Mary's College Student Emergency Fund. Advance registration necessary for event link. For information and to register, visit <saintmarys.edu/evening-tara-westover>.

Irish Music and Lunch by the Fountain

Friday, September 25, 11:45AM-1:15PM

Jon R. Hunt Memorial Plaza

211 N. Michigan Street, South Bend

Let's enjoy Irish music and eat lunch together in downtown South Bend as part of the Morris Performing Arts Center's Fridays by the Fountain 2020 series. Kennedy's Kitchen is scheduled for this date. This group performs traditional, original and pub Irish music, songs, poems and stories. Food vendors should be available selling a variety of lunchtime options. Or bring your own! Some seating is provided, but there may not be enough so bring a chair or blanket. We will try to set up in an area where we can gather together – at an appropriate distance. For more information visit <morriscenter.org/fridays-by-the-fountain>

Golf Outing

September or October, date TBD

Eberhart Golf Course, Mishawaka

Grab your golf gear, and join a nine-hole scramble, limited to 16 players. The date will be announced later, but it will be a weekday afternoon. Further information will come via Mailchimp.

Continued on page 3...

Winter Wonderland Holiday Lights

at Wellfield Botanic Gardens

Early to mid-December, date TBD

1011 North Main Street, Elkhart

We will celebrate the holiday season outdoors this year at Wellfield Botanic Gardens during one of its annual Winter Wonderland Holiday Lights weekends. The specific date will be announced closer to the event. During this special annual event, professional light displays accentuate the natural beauty of Wellfield when its ½-mile path and gardens glow with color. Enjoy live music and fire pits stationed around garden trails. Tickets are \$10 adults, \$5 ages 3-12. Member pricing is available at the Visitors Cottage in advance or at the gate. More information to come via Mailchimp.

A Look Ahead

As we move into winter, we will reassess our situation regarding meeting in groups. One event we plan to explore is an online discussion with Thomas Blantz, C.S.C., regarding his recently released book, *The University of Notre Dame: A History*. His book tells the story of the university's growth and development from a primitive grade school and high school founded in 1842 by the Congregation of Holy Cross in the wilds of northern Indiana to the acclaimed undergraduate and research institution it became by the early 21st century. If you didn't order it in advance, it is now available through Notre Dame Press and Amazon. You won't need to have read the book to enjoy the discussion.

As we continue to make our way during these different times to create opportunities to connect and support each other, please take care of yourself and those around you. Do what feels comfortable and right for you. And in consideration of others in our group, please stay home if you're sick or have recently been exposed to someone with Covid-19, or if you are waiting on test results. Be well and be safe.

From the NEWCOMERS & VISITORS CHAIRS...

The LND/SMC welcomes any new members to the community! Although we can't meet in large groups due to Covid-19 restrictions to welcome newcomers, we are committed to help any new member transition into our community. Current members can direct anyone new to Sara or Diana who can help ease them into the group. This year is somewhat like a present that newcomers will hear about, but it will take some time to get to open the gift that lies ahead. LND/SMC has helped numerous women over the years to connect through friendship and share bonds. We will have to do this in a more low-key and intimate way, but that goal remains our focus and mission.

Sara is an alumna of ND and has lived, worked and volunteered in the community for many years and is happy to answer questions on living in and navigating our surrounding communities in Northern Indiana and Southwest Michigan. Sara is happy to chat via phone or Zoom.

Diana moved here a year ago and is still exploring and learning about the area. She is open to meet one-on-one at her home, on campus or on Zoom to help facilitate friendships and offer suggestions for getting connected. Diana feels one of the greatest strengths of this group is the ability to share much needed information regarding doctors, dentists, schools or even the best take-out places. This is still available to new members and can be done in small groups or over email.

We are looking forward to the day where we can meet face-to-face, but until then, we strive to invite newcomers to this group to help get connected in creative ways.

Newcomers & Visitors Co-Chairs

Sara Ermeti

574-807-2566, <saraje2@aol.com>

Diana Taylor

248-709-6167, <Diana.c.taylor@comcast.net>

Program Co-Chairs

Crickett Gibbons <crickettgibbons@gmail.com>

Betty Gallagher <gallagherbj@yahoo.com>

From the MEMBERSHIP CHAIRS...

Because of the pandemic, we are not able to offer the same breadth of programs, events and activities as in years past. Consequently, we are waiving membership dues for this academic year. If you have any changes to your address, phone or email, please notify Jennifer Velasco (<jdv12@hotmail.com> or 51272 Turnwood Lane, Granger, IN 46530), so that your information is current in the membership files. We will not be publishing a yearbook this year.

If you know anyone interested in becoming a member, please encourage them to visit our website <lndsmc.org> to find out the latest information on activities or contacts.

Membership Co-Chairs
Addie Cashore, 574-246-0496
Jennifer Velasco, 574-247-0601

Please welcome some of our NEW MEMBERS

Susan Brown

My name is Susan Brown and my connection with Notre Dame is through my husband, Stan, who graduated in the Class of 1968. We moved to South Bend from Marietta, Georgia, where we had resided for almost 25 years. We moved into our new home at the Villas of Lake Blackthorn on July 4th, so we're still learning our way around!

We have 3 children and 3 grandkids. I retired from IBM at the end of March after 35 years there. I'm an avid reader and have joined the afternoon book club already. I look forward to meeting more of you once the virus subsides! You may contact me at <browniesue@bellsouth.net>.

Kayla Thomas























































Kayla Thomas is a writer and the Associate Director of Annual Giving at Saint Mary's College. A recent transplant to the area, Kayla comes to the South Bend area from eastern Kentucky. She is an avid reader, writer, and baker and is expecting her first child in December of this year. She is looking forward to getting to know more women in the area. You can contact her easily via phone or email at 606-356-5117 or <kathom7@gmail.com>.

Continued on page 6...

2019-2020 Supporters of the LND/SMC Scholarship Fund for Local Women

A sincere thank you to the following members for their generous donations to the LND/SMC Scholarship Fund for Local Women.

 University of Notre Dame  Saint Mary's College

| | | |
|--------------------|---|---|
| Marti Alworth | |  |
| Marie-Louise Audi |  |  |
| Elaine Baumbach |  | |
| Deborah Bernhard |  | |
| Denise Brenner |  | |
| Kathleen Brown | |  |
| Addie Cashore | |  |
| Bobbie Corke |  |  |
| Carol Cosimano |  |  |
| Peg DeBoer |  | |
| Mary Lou Derwent |  |  |
| Maureen Dore |  | |
| Wendy Duffey |  | |
| Susie Farrington |  | |
| Ravini Fernando |  | |
| Jean Fuehrmeyer |  | |
| Irene Funk |  | |
| Heather Hakanen |  | |
| Carolyn Helman |  | |
| Joan Hofman |  | |
| Maryann Keating |  |  |
| Margaret Kenney | |  |
| Karen Kettler |  | |
| Gloria Kim |  | |
| Mary Fran Kitz | |  |
| Theodora Kolettis |  | |
| Rose Lyphout |  |  |
| JoAnn MacKenzie | |  |
| Marge Marley |  |  |
| Nancy McAdams |  |  |
| Sarah McDonald |  | |
| Rose-Marie Merz | |  |
| Kathleen Murphy |  |  |
| Mary Jean Osberger | |  |
| Helen Pollak |  | |
| Carol Regan | |  |
| Kathy Schaefer | |  |
| Jan Seabaugh | |  |
| Cindy Sescleifer |  | |
| Catherine Sheehan |  | |
| Nancy Shephard |  | |
| Beverly Sweeney |  | |
| Jennifer Velasco |  | |
| Mary Kay Welle | |  |
| Joan Williamson |  | |



PLEASE SUPPORT THE SCHOLARSHIP FUND

The Ladies of Notre Dame and Saint Mary's College Scholarship was established in 1983 to support the education of local area female students who are pursuing their undergraduate education at the University of Notre Dame and Saint Mary's College. The scholarship is a vital part of the financial aid package offered to students selected each year by the Financial Aid Offices at the respective schools. For many years, member donations were augmented by annual fundraising events, but currently the sole source of scholarship revenue is member donations and Remembrance Card memorial gifts.

Each year, we have the pleasure of meeting the recipients at the scholarship luncheon in the spring, learning about their educational journey, and hearing their hopes and dreams for the future. The impact of your generosity is evident in their thank you letters. One of last year's recipients wrote:

"I am the first in my family to graduate from high school and my goal is to be the first to graduate from college as well. This scholarship is very important to me because without it, attending college would be very difficult.... Thank you again for your generosity and helping my educational dreams come true!"

While the Covid-19 pandemic necessitates curtailing the number of programs, events, and activities we are able to offer this year, the scholarship program and our commitment to it remains a priority. In lieu of the dues that have been waived for this year, we encourage you to continue your support of the LND/SMC Scholarship with a contribution payable to the scholarship fund at the school of your choice. Your donation goes directly to the school so that you can enjoy a charitable tax deduction benefit. We have provided a form below so you can continue your support of the scholarship program. Thank you for your generosity!



THE LADIES OF NOTRE DAME
AND SAINT MARY'S COLLEGE

SCHOLARSHIP FOR LOCAL WOMEN

\$ _____ To make a donation to our Notre Dame Scholarship Fund,
make your check payable to University of Notre Dame. *

\$ _____ To make a donation to our Saint Mary's College Scholarship Fund,
make your check payable to Saint Mary's College. *

Name _____

*Please include a separate check for each scholarship donation. Thank you.

Donors to the Scholarship Funds will be acknowledged in the newsletter.

If you do not want your donation publicly acknowledged, please check here ☐

Please mail your check(s) to: LND/SMC, P.O. Box 116, Notre Dame, IN 46556

SCHOLARSHIP RECIPIENT UPDATES

LETTER FROM TESS NGOCHI, CLASS OF 2021

I am honored to have received a scholarship to pursue a degree in Environmental Engineering, along with a minor in musical theatre. This past year, especially this last semester, has been tough, but I am excited to say that I finished the year with my highest GPA to date and in good standing. I have learned how to take on challenges, communicate articulately, and explore the world around me through my classes and the opportunities given to me through the university. I have thoroughly enjoyed all of the classes I have taken this past semester, including courses that focus on climate change and environmental water chemistry. However, my favorite class this year has been African Americans in Film, Television, and Theater for my minor because I was genuinely able to see people like me shining on stage and screen.



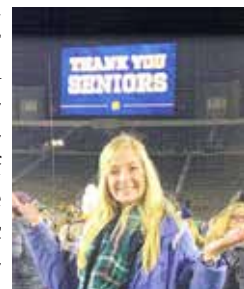
I accepted the position of an Executive producer to my favorite production on campus called Show Some Skin (SSS). Although the 20/20 show was unable to perform live due to Covid-19, we were able to showcase the diverse range of Notre Dame community monologues online. In the past, I have submitted a monologue and have also performed, so the mission statement is very close to my heart. The show and the community formed through this experience validated my existence at the university.

The education I am receiving from Notre Dame has a value that cannot be measured in a specific dollar amount and is something I come to realize even more after my short time at the university. I am eternally grateful for the generous donation because you both have provided me the opportunity to gain knowledge and experiences that can never truly be repaid. The scholarship will propel me to make a difference in not only my local community but also the world. I have had the privilege of growing up in the Michiana area, and I am grateful that others from the region have a wish to see students from the area achieve greatness. The scholarship also allows me the opportunity to bring my parents' vision of sending their children to a prestigious university in America to life.

I am beyond honored to receive this scholarship fund. Your generosity has truly made a difference in my life.

LETTER FROM MALLORY SPIESS, CLASS OF 2020

My name is Mallory Spiess, and I am one of the recipients of your scholarship this year. I cannot thank you enough for your generous sponsorship of my education at the University of Notre Dame. The gift of your scholarship has given me the opportunity to pursue my academic and professional passions at this incredible university.



I am sure I do not have to share with you how special the University of Notre Dame is. This is a place like no other, and I feel so honored and blessed to be a part of this community. I am currently preparing to conclude my time at Notre Dame, as I will be graduating this May as a member of the Class of 2020. I will be graduating with a Bachelor of Business Administration degree with a double major in Marketing and Studio Art with a concentration in Photography. Following graduation, I will be joining the General Mills team at their Cincinnati office, working as a Business Management Associate.

During my time at Notre Dame, I have had the opportunity to participate in a number of fulfilling clubs and organizations. The Undergraduate Women in Business Club, Marketing Club, Photo Club, and Women's Club Boxing team (to name a few), have all been incredibly influential on my growth as both an individual and a professional throughout the past four years. Additionally, my work on campus for Academic Services for Student-Athletes, the Sara Bea Learning Center for Students with Disabilities, and the Club Boxing teams have all prepared me to take the next step in my career following graduation.

I am sincerely grateful for the gift of your scholarship and all of the incredible opportunities that have been open to me through it. I hope to one day be able to help other students in that way that your scholarship has helped me.

New Members continued from page 4...

Maggie Remstad Hook

Hello Ladies of ND/SMC. We just moved to Granger from Ithaca, NY at the beginning of August as my husband started a new job in the Law School Library at Notre Dame. I'm a double Domer ('01, '03 M.Ed.), and my husband and I met while working on our doctorates at Indiana University. We have a 6-year-old daughter and a 16-month-old son. I look forward to connecting virtually or at a safe social distance sometime soon! <Maggiehook79@gmail.com>

INTEREST GROUPS

CREATIVE COOKING

Community, fellowship, and great food are the hallmarks of the Creative Cooking interest group. A typical meeting consists of over 2 dozen women sampling 6-10 different delicious foods prepared by the cooking team centered on that month's theme. It's always hard for the evening to end.

As true in many aspects of our lives these days, our Creative Cooking gatherings won't be happening this year. 2020 has given us lemons, and being the creative cooks that we are, we're making a cookbook!

Each month, we are asking our members, who are interested, to contribute favorite recipes for different aspects of a meal such as appetizers, salads, desserts, etc. A short memory, cooks' notes or a funny story is a welcome addition that brings each recipe to life. At the end of 8 months of recipes, we will assemble them in a book. We're looking for title suggestions. This book will be available for all the membership to purchase.

Each month's recipe collection theme appears below. We look forward to sharing family favorites, easy entertaining ideas and delicious food with everyone. While we won't be meeting in person, we know our love of cooking can keep us together.

MONTHLY RECIPE THEMES

September – Appetizers
October – Salads
November – Entrees
December – Christmas Cookies
January – Desserts
February – Soups
March – Brunch
April – Miscellaneous

Co-Chairs:

Denise Brenner, 616-540-3330

Betsy McCorry, 259-4209

DUPLICATE BRIDGE



Keep Your Mind Sharp!

Learn to play a fun card game to keep your memory active and make new friends! Learn playing and bidding strategies and techniques, along with ways to remember cards played and what opponents may be holding in their hands.

Tuesdays 7-9 PM

Join the Bridge Group by playing online during the pandemic at BBO <bridgebase.com>.

Register with Susie before 6 PM on Tuesdays:

Chair: Susie Farrington
<susiefarrington@gmail.com>

MOVIE VIEWING GROUP



The Movie Viewing Interest Group provides a forum for members and its guests to attend or watch movies and then discuss them in person or via conference calls or Zoom. If you want to participate and have not signed up already, email or call Wendy Duffey at wendyduffey@alumni.nd.edu, 617-359-4443. Members are encouraged to email the group to suggest movies and host events or virtual discussions.

Chair: Wendy Duffey
<wendyduffey@alumni.nd.edu>

THE ROSARY GROUP



Photo by Adam Lamm

When God closes a door, He opens a window. Ravini Fernando and Sarah McDonald were talking, and while we are unable to gather together to pray the Rosary at the Chapel, the idea of a "Conference Call Rosary" came up. Sarah has been praying the Rosary in this way with a group of friends from around the country for several years, and it has been a wonderful blessing. If you are interested in learning more, please contact Sarah McDonald for details: <sarahmcdonald316@gmail.com> or 616-402-4655.

INTEREST GROUPS

MORNING BOOK GROUP

The Morning Book Group (MBG) is continuing to take a pause during this pandemic. Members of the MBG are welcome to join Zoom with the Afternoon Book Club (ABC Group). Val Bartels, the chair of the ABC Group, welcomes any MBG participant who wishes to join the ABC Group to contact her at <valreads@comcast.net>. You will be entered into her email list and contacted with upcoming reads and events.

Mary Lou Derwent
<mllderwent@alumni.nd.edu>

MAHJONG GROUP

Future meetings for this group are on hold due to the pandemic. We will resume play when social distancing is no longer necessary.



Chair: Kate Murphy
<murphy.kate12@gmail.com>

AFTERNOON BOOK CLUB

The Afternoon Book Club (known affectionately as the ABC group) is a group of women who love to read! We meet the first Thursday of every month at 1:30 PM. During the Covid-19 outbreak we've been meeting on Zoom, and it's been working out well. If the Francis Branch Library meeting room ever reopens, we will go back to meeting there. We will be picking books for the year at our October meeting. If you have read a book that you just love and think we would love it too, please send your recommendation to us. If you'd like to join our Zoom meeting, just drop us an email, and we will send you the link.



October 1, 2020
Book: *Before We Were Yours*
by Lisa Wingate

For more information, contact the
Co-Chairs: Val Bartels <valreads@comcast.net>
and Mary Montenaro <mamanaro@gmail.com>.

CHILDREN'S PLAYGROUP CALENDAR FALL 2020

| | |
|--|--|
| September 12 Saturday, 11 AM - 1 PM | Family-friendly Welcome Obstacle Course - 15160 Hunting Ridge Trail, Granger Outdoors at Meghan Reed's house. Masks and social distancing are appreciated. Some pre-packaged snacks and waters provided. If you have time to stop by, please do! |
| October 8 Thursday, 10:00 AM | Pumpkin Patch - To Be Determined (Possibly Thistleberry Farm). Due to Covid-19, pumpkin patches are requiring guests to purchase tickets for a specific time. Meghan will buy tickets ahead for attendees. |
| October 20 Tuesday, 3:00 PM | Playdate - St. Patrick's Park, 52198 Laurel Road, South Bend Join us for a nature walk and scavenger hunt through St. Patrick's Park! Printed scavenger hunt for the kids provided. |
| November 10 Tuesday, 10:00 AM | Potawatomi Zoo - 500 S. Greenlawn Avenue, South Bend. Join us for a zoo day! I am hoping the weather will cooperate! |
| December 3 Thursday, 8:00 PM | Zoom "Meeting" - Join us for a mom's wine/drink of choice via Zoom. Meghan will have a few (easy) games for us to play! |

Please RSVP for all events in case the coordinator needs to stagger event times due to the number of attendees. Send an email to <LNDSMCPlaygroup@gmail.com> to RSVP, join the playgroup email list or to ask questions! On Facebook, search for **Notre Dame and Saint Mary's Playgroup** to join our Facebook group. You may also contact Meghan via phone or email:

Playgroup Coordinator:
Meghan Reed
<meghanreed99@gmail.com>, 586-995-0215

INTEREST GROUPS

OUTDOOR ADVENTURES

Trip to Cobus Creek, an Elkhart County Park Wednesday, September 23, 2020, 10:00 AM

Cobus Creek County Park is located in the northwest corner of Elkhart County. Once farmland, this 84-acre site contains a variety of natural habitats from prairie to woods and wetlands. Cobus Creek is known as a cold-water trout stream, and it runs through the park. The creek's wooded banks and gravel bottom are ideal for supporting trout. A stream restoration project is currently underway to improve trout habitat.

The Sensory Garden is for everyone who wishes to enhance the average garden experience by stimulating the senses. From the first blooms in early spring through the last scent of fragrant herbs in the autumn air, the Sensory Garden is continually graced with the sweet scents, sights, sounds, tastes and textures of nature.

We will walk about 3 miles in the park, maintaining social distancing protocols. Several of our members who know the park well will lead small groups on the trails. We will meet at the picnic area at noon. Bathrooms are available.

Check out pictures of the park at <<https://elkhartcountyparks.org/destinations/cobus-creek/>>.

Who: 12-16 members of LND/SMC

What: Trip to Cobus Creek County Park

When: Wednesday, September 23, 2020, 10:00 AM

Where: Meet at Cobus Creek, about 20 minutes away: 30680 County Rd. 8, Elkhart, IN 46514

Details: Wear comfortable walking shoes and clothes suitable for the weather.

Bring water and a lunch.

Rain cancels the trip. You will be contacted in the case of inclement weather.

RSVP to Nancy McAdams
<nocmc@comcast.net>, 574-273-2555

OUTDOOR ADVENTURES

Trip to Wellfield Botanical Gardens, Elkhart Friday, October 23, 2020, 12:00 noon

Wellfield Botanic Gardens, located in the heart of Elkhart is a 36-acre natural enclave touted as a "living museum" and a working source of hydro-power and drinking water. The gardens feature themed botanical spaces and 18 acres of water. The private not-for-profit nature park was created in 2005 to celebrate the inseparable relationship between water and life, inspire creativity and lifelong learning, foster stewardship of our natural world, and grow community. Wellfield is open year-round. Activities include special events and festivals, workshops and educational opportunities, a summer concert series, winter holiday lights, and seasonal programming.

Wellfield's spacious 36 acres, wide pathways, and stunning landscapes are an ideal environment for "social distancing" between families and friends. While the guest entry experience may look and feel a little different than perhaps a previous visit, Wellfield is more gorgeous than ever! After parking, approach the Visitors Cottage. You will be greeted by friendly staff and volunteers wearing face coverings. They will invite you inside. Please go to <<https://wellfield-gardens.org/>> to learn about the gardens and the social distancing protocols in place there.

Who: 12-16 members of LND/SMC

What: Trip to Wellfield Gardens in Elkhart

When: Friday, October 23, 2020, 12:00 noon

Where: 1011 North Main St., Elkhart, IN, 46514

Wellfield Gardens is about ½ hour away by car

Details: Wear comfortable walking shoes and clothes suitable for the weather.

Bring water and a lunch.

Entry Fee: Wellfield Gardens fee is \$8. We may be able to get a group rate. If you are a member of Fernwood in Michigan, bring your membership card, to gain free entry to Wellfield.

Rain cancels the trip. You will be contacted in the case of inclement weather.

RSVP to Nancy McAdams
<nocmc@comcast.net>, 574-273-2555

INTEREST GROUPS

OUTDOOR ADVENTURES

Trip to Boot Lake Nature Preserve, in Elkhart Friday, November 6, 2020

Boot Lake Nature Preserve's sprawling 300 acres encompass wetland, forest, and prairie habitat. A portion of the site has a unique story—having been reclaimed from the City of Elkhart's sludge farm. The transformed site is now a state-dedicated nature preserve protecting Indiana's rare and endangered wetland plants and animals. The preserve is recognized by National Audubon as an Important Bird Area with over 200 species documented, including sensitive grassland-nesting birds found in the 80 acres of restored prairie. Visitors can enjoy a small picnic pavilion, wetland and prairie overlooks, and four miles of trails intertwined with the variety of habitat.

For more information visit <<https://elkhart-countyparks.org/destinations/boot-lake/>>

Who: 12-15 members of LND/SMC and friends

What: Trip to Boot Lake Nature Preserve

When: Friday, November 6, 2020

Where: Meet at 10 AM at Boot Lake parking lot.

Boot Lake Nature Preserve

51430 County Rd 3, Elkhart, IN 46514

Details: Wear comfortable walking shoes and clothes suitable for the weather.

Bring water and a lunch.

Rain cancels the trip. You will be contacted in the case of inclement weather.

RSVP to Meg Mitzel
<mmitzel55@gmail.com>, 607-797-3065

PANDEMIC FOOD DRIVE WITH MUFFET MCGRAW

This June, Heidi Witte and daughter Grace welcomed ND Coach Muffet McGraw to their neighborhood to kick off a food drive. Muffet challenged the ND community to host food drives in their neighborhoods, and Heidi and daughter Grace were more than happy to help!

Heidi, Grace and family; Muffet; and Mary Fran and Mike Kitz drove around the Cross Creek neighborhood and picked up many bags of food donations. Then they delivered the neighborhood haul of food to the Food Bank of Northern Indiana who weighed the items. It was a huge haul of 858 pounds of food! Well done! That generous donation of food will feed many people in the area during this time of need.

Contributed by Mary Fran Kitz



Above: Heidi Witte and family join Muffet McGraw to organize a food drive.



Above: Darling Grace, daughter of Heidi Witte, was excited to meet Muffet and made a welcome sign for the beloved coach, who was charmed by her enthusiasm.



Above: Donations for the Food Bank of Northern Indiana

VOLUNTEER OPPORTUNITIES

Please join us in reaching out to the Sisters of the Holy Cross at The Convent at Saint Mary's and to the Holy Cross priests and brothers at Holy Cross House! The residents in these assisted living facilities are increasingly socially isolated since the onset of the pandemic crisis. Please send a note or card or as many as you are able to to a sister, priest or brother. Any correspondence will be greatly appreciated since sadly mail has been the only source of contact for many during the past six months.



There are 37 priests and 7 brothers at Holy Cross House. The Convent has approximately 100 sisters. Inspirational quotes, thank you for your service, thinking of you and hoping you have a wonderful day are suggestions about what you might consider writing.



Can you please put The Ladies of Notre Dame and Saint Mary's College on your return address along with your name so that The Convent and Holy Cross House will know that your card comes from a member of our organization to be distributed to their sisters, priests and brothers. Notes can be sent to the following addresses:

Sister Karla McKinnie
100 Lourdes Hall-Saint Mary's
Notre Dame, Indiana 46556-5014

Bonnie Hauser
Holy Cross House
1842 Moreau Drive
Notre Dame, Indiana 46556

St. Margaret's House is a day center that strives to improve the lives of disadvantaged women and children. St. Margaret's House seeks volunteers to work in its kitchen, to help with sorting and distribution of clothing and a receptionist to assist on Thursday afternoons between 12:45-3:00pm. Orientation,



ST MARGARET'S
HOUSE

support and training will be provided. Masks and social distancing are maintained within the facility.

St. Margaret's House also needs donations of various food items, toiletries and seasonal clothing. Cash donations are welcome and St. Margaret's House has an Amazon wish list which they update regularly. Please contact Mary Fran Brandenberger, Executive Director of St. Margaret's House if you are able to provide any support at 574-234-7795.

Please feel free to contact us if you have any questions. Thank you and stay safe!

Volunteer Coordinators:

Kim Reynolds

<rkrpc5@gmail.com>

Michelle Wheeler

<Michelle.Wheeler.39@nd.edu>

Sue Montalbano

<suemontalbano@gmail.com>

LND/SMC MEMBER SECURES CONTRACT WITH WHOLE FOODS

Congratulations to our very own Lisa Caponigri who has secured a contract with Whole Foods to carry her pasta



sauces in the Indiana stores and soon across the Midwest! Lisa lived and worked in Italy as an attorney. After moving back to South Bend, she started her second/third/fourth career writing *Whatever Happened To Sunday Dinner* and *This is Sunday Dinner*.

From the ASSISTANT TREASURER . . .

The LND/SMC Remembrance Cards recognize special occasions, such as birthdays, anniversaries, graduations or the memory of someone who has passed. Those who have passed are also remembered in the LND/SMC Memorial Mass each May.

Remembrance Card gifts are fully tax deductible. All monies raised through the Remembrance Card program support the LND/SMC Scholarship for Local Women at either Notre Dame or Saint Mary's College. If you would like to have one of these cards on hand, contact the assistant treasurer. A packet will be mailed to you.

IN MEMORIAM

- Dorothy Mary Flores (Walter and Elaine Nicgorski)
- Barbara Bess (Walter and Elaine Nicgorski)
- Edward Trubac (Walter and Elaine Nicgorski; Bob and Joni Williamson; Jerry and Marge Marley; John and Mary Lou Derwent)
- John Lione (Walter and Elaine Nicgorski)
- Brian Siqueira (Walter and Elaine Nicgorski)
- Joan Milani (Walter and Elaine Nicgorski; Bob and Joni Williamson)
- Paul Conway. (Bob and Joni Williamson)
- Tony Michel (Bob and Julie Nelson)
- Kwang-tzu Yang (Walter and Elaine Nicgorski; Janina Goetz; Phillip and Carolyn Helman; Jerry and Marge Marley)
- Zbigniew Sobol, M.D. (Walter and Elaine Nicgorski)
- Jane Puckett (Walter and Elaine Nicgorski)
- Margaret Fallon (Walter and Elaine Nicgorski)

- Murray Foreman Freeman (Walter and Elaine Nicgorski)
- Edward Akins (Walter and Elaine Nicgorski; John and Mary Lou Derwent)

*Cindy Sescleifer, Assistant Treasurer
<csecsleifer@gmail.com>, 636-795-6971*

From the CORRESPONDING SECRETARY . . .

Notes have been sent on behalf of LND/SMC to the following people:

GET WELL

- Joan Hofman, LM, who reports she is doing "very well."

SYMPATHY

- Maureen Trubac, LM, on the death of her husband, Prof. Edward Trubac in April.
- Anita McCollester, LM, on the death of her husband, Edward Akins in July.
- Heather Yang, LM, on the death of her husband Prof. K.T. Yang in August.
- Donna Cox on the death of her mother Jane Puckett in August.

CONGRATULATIONS

- Happy 90th Birthday wishes to Marian Cerny, LM

Please contact these individuals on your own and keep them in your thoughts. If you need contact information for those listed, please call the corresponding secretary. Please inform the secretary of any life events involving LND/SMC members.

*Marge Marley, Corresponding Secretary
289-9134, <mamarley57@gmail.com>*

Visit our website:
www.lndsmc.org

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631-5066

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Marcie Benjamin
marcea.benjamin@gmail.com, 518-527-2894

Dated material. DO NOT forward

Kaleidoscope
LND/SMC
P.O. Box 116
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LND/SMC MEMBERS ENJOY FRIENDSHIP DURING COVID-19



During a pandemic, friendships are more important than ever. Our members found ways to connect safely with socially distanced gatherings and Zoom meetings. Find more opportunities to connect inside this newsletter!

