

KALEIDOSCOPE THE LADIES OF NOTRE DAME AND SAINT MARY'S COLLEGE

Volume 51

Number 2

November 2016

From the President . . .

The year has started off well, and we have much to share. Please check out the re-designed website http://www.lndsmc.org which is the result of the very professional work done on behalf of LND/SMC by Rumana Poellabauer, Website Manager. Send us your feedback on the website as we are anxious to hear how it is working for you.

The Interest Groups are up and running, and you can access that information from the website as well. Please click on the *Interest Groups* tab at the top of the homepage. You will find the contact information for the group leaders and their plans.

We have two great programs open to all members in the month of November. A *Lunch and Learn* event is featured on November 10, 2016 at Innovation Park at Notre Dame. Patrick Regan will

speak on *Social Consequences of Climate Change*. Please bring your own lunch. The other is viewing the *Dressing Downton* exhibit at The History Museum on Friday, November 11 followed by lunch at Tippecanoe. For more information on both events, please see page 3 of this newsletter.

At the LND/SMC board meeting in October, a new policy was approved for creating a new interest group. The policy has been posted on the website for your review. The board is working on a communications and marketing policy and reviewing options to better market our organization. We will keep you posted, and please contact me or any board member if you have a question, suggestion, or interest in being more involved.

Jo Ann MacKenzie President



Annual Holiday Tea to Honor New Life Members

Sunday, December 4, 2016 2-4 PM

Welsh Parlor, Haggar College Center Saint Mary's College Notre Dame, Indiana

Chairs Jo Ann MacKenzie, Denise Brenner and Nancy McAdams welcome all The Ladies of Notre Dame and Saint Mary's College members to honor new Life Members and celebrate the season

RSVP by November 20 to Jo Ann MacKenzie

<jam1910@comcast.net>, 277-5912



Lunch and Learn



Social Consequences of Climate Change

Speaker:

Patrick Regan

Professor - Political Science and Peace Studies

Associate Director Notre Dame Global Adaptation Index at the

Notre Dame Environmental Change Initiative

Thursday, November 10, 12:00 PM

First Floor Conference Room Innovation Park at Notre Dame

Bring your own lunch and drink. RSVP to chair by November 7.

Chair: Meg Mitzel <mmitzel55@gmail.com>, 607-797-3065

THE LADIES OF NOTRE DAME & SAINT MARY'S COLLEGE 2016-2017 PROGRAM

November 10, 2016 "Lunch and Learn" Social Consequences of Climate Change

Thursday Speaker: Patrick Regan, Professor of Political Science and Peace Studies

12:00 PM Presentation, discussion and informal bring-your-own lunch.

First Floor Conference Room - Innovation Park at Notre Dame

RSVP to chair by November 7. See p. 1.

Chair: Meg Mitzel, <mmitzel55@gmail.com>, 607-797-3065

November 11, 2016 Dressing Downton: Changing Fashion for Changing Times
Friday Visit to The History Museum in South Bend to view exhibit

10:00 AM Followed by lunch at *Tippecanoe Place* See p. 3

Lunch RSVP to chair by November 9.

Chairs: Julie Nelson, 272-2502 or Mary Lou Derwent, 277-1996

November 18, 2016 "Outdoor Adventures" Walking on the campus of Notre Dame
Friday RSVP to chair by November 15. See p. 7 for more information.
9:00 AM Chair: Nancy McAdams, <nocmc@comcast.net>, 574-273-2555

December 1, 2016 Newcomers & Visitors Dinner at Simonini Gourmet on Cleveland Road in Granger

Thursday RSVP to chairs by November 29. See p. 3.

6:30 PM Chairs: Mary Fran Kitz, 630-750-8849, Kim Reynolds, 383-5730 or

Meg Mitzel, 607-797-3065

December 4, 2016 *"Holiday Tea"* and Recognition of Life Members. See p. 1 for details. Sunday Welsh Parlor, Haggar College Center, Saint Mary's College campus

2:00-4:00 PM RSVP to Jo Ann MacKenzie by November 20, <jam1910@comcast.net>, 277-5912

Chairs: Jo Ann MacKenzie, Denise Brenner and Nancy McAdams

December 8, 2016 "Off the Beaten Path" Trip to New Carlisle for Christmas shopping, tour of the

Thursday Inn at the Old Republic, and lunch at Kate O'Connor's Irish Pub

9:30 AM (Car pool) Meet at the St. Thérèse Little Flower Church parking lot in South Bend at 9:30 AM

Car pool/Lunch reservation RSVP to chair by December 6. See p. 7. Chair: Mary Montenaro, <mamanaro@gmail.com>, 503-351-8270

February 25, 2017 Scholarship Luncheon & Welcome of Second Semester Newcomers

Saturday Rice Commons at Saint Mary's College Student Center

11:30 AM Speaker: Saint Mary's College President Janice Cervelli

See January newsletter for details.

Chairs: Bobbie Corke, Mary Lou Derwent & Elaine Nicgorski

April 2017 Annual Business Meeting

April 2017 Spring Tea

May 2017 Memorial Mass

For the most current information, visit

www.lndsmc.org

Newcomer Dinner at Simonini Gourmet



Thursday, December 1 6:30 PM 226 W. Cleveland Road, Granger

Please RSVP by November 29:

Newcomer & Visitor Committee Chairs Mary Fran Kitz 630-750-8849 Kim Reynolds, 574-383-5730 Meg Mitzel 607-797-3065 We enjoyed visiting with you during the **Welcome Coffee** in October and at our **Wine and Appetizers** gathering November 3. We were glad to see so many of you there!

Please join us for a **Dinner at Simonini Gourmet** Restaurant, 226 W. Cleveland, Granger, on Thursday, December 1 at 6:30 pm. Let's sample their freshly made pasta!

In 2017, we are planning a couple's evening gathering. Also, the Scholarship Luncheon and Welcome of Second Semester Newcomers will take place on February 25 at Saint Mary's College. It is a lovely event, and we hope that you can join us at our table.

Please let one of the chairs know if you can join us for the Dinner at Simonini!

Hope to see you soon!





Visit to The History Museum - South Bend Followed by Lunch at Tippecanoe Place

Are you interested in viewing *Dressing Downton*, currently on exhibit at The History Museum in South Bend? Would you like to go with some other women and then go to lunch? If yes, then you and your friends are welcome to join LND/SMC members Julie Nelson, Martha Dunn and Mary Lou Derwent. Order tickets online at http://reservation.historymuse-umsb.org for the exhibition on:

Friday, November 11, 2016, at 10:00 AM.

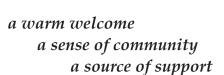
Members of The History Museum have free admission but need to make a reservation. The price for adults is \$14 and for seniors is \$12.50. As of noon on October 20, 2016, there were 42 tickets available for this time slot. Don't delay, do it today!

If you wish to go with others to lunch at Tippecanoe Place AFTER the tour of the exhibit, call either Julie (575-272-2502) or Mary Lou (574-277-1996) by November 9. They will make a group lunch reservation.

NOTE: NO available reservations remain for Tea at The History Museum.

Chairs: Julie Nelson, 272-2502 Mary Lou Derwent, 277-1996

Membership to LND/SMC means..



Join us and connect with our members at **annual events** and **interest group gatherings**.

Newcomers and renewing members, submit your **2016-17 membership form** today.

Dues are \$25 See form in this newsletter on page 11.

- Members who joined before October 18 will receive Yearbooks. Those joining after will receive Yearbooks as long as supplies last.
- All women with any connection to the University of Notre Dame or Saint Mary's College, other than undergraduate students, are eligible for membership in LND/SMC.

Interest Groups

Morning Literature

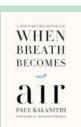
LND/SMC members are welcome to join the Morning Literature Group for good reading and fellowship!

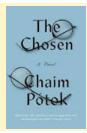
UPCOMING **D**ISCUSSIONS



November 21, 2016
Place: Home of Marti Alworth
Time: 9:30_{AM}
Book: *The Japanese Lover*by Isabel Allende
Leader: Marti Alworth

December 19, 2016
Place: Home of Mary Lou Derwent
Time: 9:30AM
Book: When Breath Becomes Air
by Paul Kalanithi
Leader: Mary Lou Derwent





January 16, 2017
Place: Home of Malou Audi
Time: 9:30_{AM}
Book: *The Chosen*by Chaim Potok
Leader: Sheila Marshall

For more information and directions to members' homes, contact:

Chair: Sheila Marshall, 291-2364 <shmarshall@att.net>

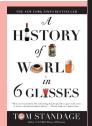
Afternoon Book Club

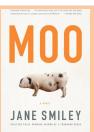
Join the Afternoon Book Club for a lively discussion of a variety of good reads.

UPCOMING **D**ISCUSSIONS

December 1, 2016 Place: Villa Macri Ristorante, Granger Time: 1:30_{PM} Book: *History of the World in 6 Glasses*

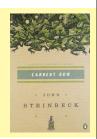
by Tom Standage
Leader: Heidi Lamm





January 12, 2017
Place: Home of Laura Fuderer
Time: 1:30PM
Book: Moo
by Jane Smiley
Leader: Marina Smith

February 2, 2017
Place: Home of Elaine Nicgorski
Time: 1:30PM
Book: Cannery Row
by John Steinbeck
Leader: Alice Bentley



For more information and directions to members' homes, contact:

Chairs: Val Bartels, 271-3637 <valreads@comcast.net> Laura Fuderer, 277-0409 <fuderer@nd.edu>

Creative Cooking

Explore domestic and international cuisines and cooking styles, celebrate friendship and good food with the Creative Cooking Group.

Sampling of October's Mediterranean Creations







First Ladies' Recipes
Saturday, November 5, 2016
(Couples)

Julia Child's Cookbook Tuesday, December 6, 2016

Soups/Salads Tuesday, January 17, 2017

Contact the chair for the location of these events:

*Chair: Malgorzata Bak-Hill 574-273-1210, <gobak99@yahoo.com>

Interest Groups

PLANT-BASED EATING GROUP

Having watched Forks over Knives, this group has a healthy lifestyle in mind as they explore more research and foods. Rama Ganesan has organized two series of events. Join one or both to learn more!

How Not to Die Book Series

- Discussion of the book *How Not to Die* by Michael Greger, M.D. with Gene Stone
- led by Personal Chef Deborah Stevens
- at the home of Rama Ganesan
- monthly through May 2017

November 16, 2:30PM

Healthy Eating Presentation by Rama Ganesan

Food Demo - Easy Meat Substitutes (seitan, sausages, tempeh, tofu, soy curls)

December 7, 2:30PM

How Not to Die: Heart Disease, Lung Disease

(Chapters 1 and 2)

Additional topic: Antioxidants

Demo and Sampling: Cruciferous Vegetables

January 18, 2017, 2:30PM

How Not to Die: Brain Diseases, Digestive Cancers

(Chapters 3 and 4)

Additional topic: Fiber and the Microbiome

Demo and Sampling: Legumes

See future dates in the January issue of Kaleidoscope.

Food for Life Short Course: Kickstart Series

Cooking classes led by Deana Cook,

Nurse Practitioner and

Certified Food for Life Instructor with

Physicians Committee for Responsi-

ble Medicine

Mondays, 6:30-8:30PM at the home of Rama Ganesan

November 14 - Power of Your Plate

November 21 - Let's Go!

November 28 - Getting in Gear

December 5 - Breaking the Food Seduction

Each class includes a short lecture, cooking demos of at least three recipes and a meal!

Cost for the series: \$100

more information:

Cost for a spouse or family member: Half price!

Contact chair for directions to meetings for both series and

Chair: Rama Ganesan, 520-360-1190 <ramagane@gmail.com>

KNITTING

Beginners, experts and all inbetween are welcome to bring their knitting, crochet or other fiber arts and enjoy friendship and support with project challenges. Many thanks to Renee Grubert, the new Knitting Group chair!

> 7:00-8:30 рм The South Bend Chocolate Cafe 122 South Michigan, South Bend

> > UPCOMING DATES Tuesday, November 8 Tuesday, December 6 Tuesday, January 10 Tuesday, February 14

Renee Grubert, 850-4786 <Renee.M.Grubert.4@nd.edu>



UPCOMING DATES

Friday, December 2, 2016 Friday, January 6, 2017

9:30-10:00 AM Chapel of St. Catherine

Fischer O'Hara-Grace Graduate Residences Community Center

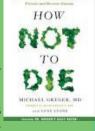
on Wilson Drive of the campus of Notre Dame

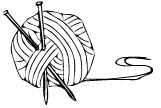
Convenient parking near the entrance

For further information or directions contact:

Chair: Mary Murphy, 404-304-4504 <mmurphy08@gmail.com>

Photo by Adam Lamm







Children's Playgroup Calendar Fall/Winter 2016-2017







November 8 Tuesday 9:30 AM Lapsit/Playdate at Elizabeth's House

Write to <lndsmcplaygroup@gmail.com> for directions and more details.

November 10 Thursday 10 – 11 AM **Fun-N-Fitness Open Gym** – \$5 fee

A recreational facility providing gymnastics for toddlers located at 1505 S. Byrkit, Mishawaka, IN 46544. http://www.fun-n-fitness.net

November 17 Thursday 9:30 – 11:30 AM Beichner Center Playdate – on Notre Dame Campus

Grandma for a Day/Thanksgiving Craft/Potluck

Bring a dish to share and enjoy some child-free time.

LND/SMC members will interact with your children in a laid-back,

child-friendly space loaded with toys freeing up parents to meet other parents! The Center's staff asks that we park in designated visitor parking spaces once the

nearby lot is full. 100 University Village, Notre Dame, IN 46556

December 2

10:00 AM

HealthWorks! Kids' Museum

Friday Give children the passion and courage to lead inspired and healthy lives!

Have fun with HealthWorks!' interactive exhibits. 111 W. Jefferson Blvd., Ste. 200,

South Bend, IN 46601 < www.healthworkskids.org>

December 8

Beichner Center Playdate – on Notre Dame Campus

Thursday Christmas Craft

9:30 – 11:30 AM Come meet other parents in a laid-back, child-friendly space loaded with toys!

The Center's staff asks that we park in designated visitor parking spaces once the

nearby lot is full. 100 University Village, Notre Dame, IN 46556

January 19 Thursday 9:30 – 11:30 AM

Beichner Center Playdate – on Notre Dame Campus

February 16 Thursday 9:30 – 11:30 AM

Beichner Center Playdate – on Notre Dame Campus

Watch for winter and spring events on our Facebook page and in the January *Kaleidoscope* issue.

*Send RSVPs to Heidi at <Indsmcplaygroup@gmail.com> or go to our Notre Dame and Saint Mary's College Playgroup Facebook page.

Co-Chairs: Heidi Witte <heidirosewitte@gmail.com>, 661-435-7136

Priya Evans <huckleberry6@outlook.com>

Trip to Indiana Dunes National Lakeshore

The *Outdoor Adventures* Interest Group traveled to Indiana Dunes National Lakeshore near Chesterton, Indiana on Friday, October 7, for a wonderful autumn day at the Dunes.

We carpooled from South Bend to the Visitor Center of the park where we gathered for a video presentation about the cultural and natural features of the area. We learned that Congress es-



tablished the park in 1966 to protect the land from further industrial development and to study the

unique biological communities of the area. The National Lakeshore stretches along 15 miles of the southern shore of Lake Michigan.

We explored

"Outdoor Adventures" Next Up...





Photo by Adam Lamm

November 18, 2016 9:00 AM

Meeting place to be determined

- Join us as we walk 3+ miles around
 St. Mary's and St. Joseph's Lakes, new
 buildings around the East Quad, and more!
- Warm up with a latte at *Au Bon Pain* in the *Hesburgh Library* afterwards

RSVP to chair by November 15

Chair: Nancy McAdams 273-2555, <nocmc@comcast.net>

the West Beach area and hiked the Dune Succession Trail which included a climb up 250 stairs for a spectacular view of Lake Michigan and Chicago. After lunch at a



covered picnic area, we returned to South Bend, arriving home around 3:00 p.m. The group high-



ly recommends a day trip to all of you who have not yet visited Indiana Dunes National Lakeshore. In fact, our group will probably return to explore another hiking area.

Chair: Nancy McAdams 273-2555, <nocmc@comcast.net>



Christmas in New Carlisle

• Christmas Shopping The Village Shoppes • Feeney's Hometown Goods • The Potter's Wife

- Tour Inn at the Old Republic (10:15 AM)
 Tour Donations Welcome
 - Lunch at *Kate O'Connor's Irish Pub*

Thursday, December 8, 2016 9:30 AM

Car pool meets at St. Thérèse, Little Flower Church parking lot South Bend at 9:30 AM

Can you drive? Need a ride? Coming for lunch? **RSVP to chair by December 6**



Opening Reception

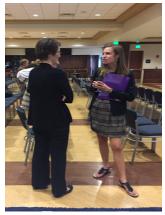


Jo Ann MacKenzie, President of The Ladies of Notre Dame and Saint Mary's College welcomed members and guests to a new year of friendship and activities at the Opening Reception on the evening of Tuesday, September 27, 2016. Featured speakers were Doug Marsh, Associate Vice President and University Architect of the University of Notre Dame and Toni Barstis, Program Director of the 4+1 Dual Degree Engineering Program at Saint Mary's and Notre Dame.

























From the Assistant Treasurer . . .

The LND/SMC Remembrance Cards recognize special occasions, such as birthdays, anniversaries, graduations or the memory of someone who has passed. Those who have passed are also remembered in the LND/SMC Memorial Mass each May.

Remembrance Card gifts are fully tax deductible. All monies raised through the Remembrance Card program support the LND/SMC Scholarship for Local Women at either Notre Dame or Saint Mary's College. If you would like to have one of these cards on hand, contact Mary Lou Derwent, <mldderwent@alumni.nd.edu> or Mary Jo Desch, <mjdesch99@gmail.com>. A packet will be mailed to you.

In Memoriam:

- Prof. Bernard Doering (Irene Funk)
- Alice Osberger, LM (Irene Funk)

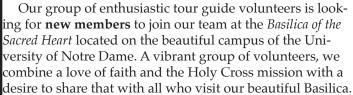
In Honor of:

• Sue Messaglia (Mary Watt-Strieder)

Mary Jo Desch Assist. Treasurer <mjdesch99@gmail.com>

VOLUNTEER OPPORTUNITY BASILICA OF THE SACRED HEART TOUR GUIDE

Do You Have a Love of Faith and History? Would You Like to Share This with Others?



No previous experience is necessary. An easy training booklet and a wonderful group of people help familiarize you with our Basilica and its rich and storied history. When you feel comfortable you will be ready to share it with others! We have two-hour morning shifts and three-hour afternoon shifts Monday through Friday. You pick a day and the hours that fit into your schedule. We invite you to come meet new people and be a part of a joyful and meaningful mission as a tour guide. Please contact:

> Sue Montalbano Coordinator Basilica Tours and Hospitality 574-631-7329, < Susan.Montalbano.6@nd.edu>

http://basilica.nd.edu http://campusministry.nd.edu

Interested in Bridge?

EXERCISE YOUR BRAIN! Come join one of two new bridge groups:



The Social Duplicate Bridge Group

For those who have played before (We'll have one refresher class of the most common conventions for those who need it; choose a day or evening session.)

or

The Beginner Duplicate Bridge Group

Will start with a series of 8 easy lessons. Couples welcome. Join with a friend.

For more information, please contact:

Susan Farrington 203-554-3030, <susiefarrington@gmail.com>



VOLUNTEER OPPORTUNITY St. Vincent de Paul Society St. Joseph County

Adopt-A-Family Christmas Program

Are you looking for a fun way to introduce the true meaning of Christmas into your celebration of the holiday this year? The local St. Vincent de Paul Society has, for many years now, offered a wonderful program wherein participants adopt a needy family in our community and bring to that family some Christmas cheer in the form of Christmas gifts and Christmas dinner (or a gift card). This is something everyone can do, but if you have children of your own, it can be extra special. What a great way to show them what Christmas is all about!

Volunteers can find all the details about the program on St. Vincent-de-Paul's web-http://www.svdpsb.org/christmas-pro- gram-2016.htm>. If you have questions, don't hesitate to contact:

Volunteer Opportunities Co-Chair: Betsy McCorry 259-4209

<betsy.mccorry@gmail.com>

In Memoriam

Julia A. Lupresto Kempf

September 7, 1924 - September 4, 2016



Julia was born in South Bend, Indiana, to the late Pasquale and Josephine Lupresto. She was educated at St. Joseph Grade School and Central High School, graduating from that institution in 1942.

In 1945 she met a young Notre Dame student, Kenneth R. Kempf, from Blue Island, Illinois. Ken had completed his military service then came to Notre Dame to earn his engineering degree. Julia and Ken were married in St. Joseph Church on April 30, 1949.

Julia was a devoted wife and mother as well as an avid gardener and quilter, baker and seamstress. One particular joy was baking German anise cookies each holiday season for distribution to family and friends. The family recipe, once lost, was found and perfected by Julia. Relatives promise this lovely tradition will continue.

She was also a lifelong volunteer, serving organizations including St. Joseph Hospital, Christ Child Society, Senior Life, Bethany Society and Funeral Ministry of Sacred Heart Parish, Notre Dame, and our own Ladies of Notre Dame and Saint Mary's College.

Julia's dear husband Ken died in 1979. She was also predeceased by two brothers, Rocco and James Lupresto. Survivors include a son Paul (Martha) Kempf of South Bend and three grandchildren, Andrew, Allyson and Adam Kempf, as well as a sister, Rose M. Brzezinski and a brother, Joseph Lupresto.

The Mass of Christian Burial was celebrated at the Basilica of the Sacred Heart, Notre Dame, Indiana, on September 8, 2016. Burial followed at Cedar Grove Cemetery, Notre Dame.

Volunteer Opportunity Snite Museum of Art and

South Bend Museum of Art Docent Program



Make a Difference...

Become a Docent!

The Snite Museum of Art and the South Bend Museum of Art are looking for people interested in becoming docents. In this unique program, docents are part of the educational programs for both institutions. Training of a new class will begin in January 2017 and

run through the summer with monthly classes. Acceptance into the program is dependent on an application and interview. Previous experience with art and/or teaching is not required.

Docents are integral to the educational missions of the Snite Museum of Art and the South Bend Museum of Art. They are volunteer educators who give engaging and interactive tours to adults, families, and school groups. Docents develop their skills and knowledge through ongoing training, research, and continuing education.

Qualities of a great docent include the ability to communicate effectively with people of all ages, a warm and friendly attitude, commitment of time and effort, and a sincere interest in art education.

For more information and links to the online application, please visit the museum websites: <sniteartmuseum.nd.edu> <southbendart.org>.

Sarah Martin

Curator of Education, Public Programs Snite Museum of Art and University of Notre Dame

FROM THE CORRESPONDING SECRETARY . . . Notes have been sent on behalf of LND/SMC to the following people:

Sympathy

• Paul Kempf and family, on the death of his mother, Julia A. Kempf, LM on September 4, 2016.

Please contact these individuals on your own and keep them in your thoughts. If you need contact information for those listed, please call the Corresponding Secretary. Please inform the secretary of any life events involving LND/SMC members.

Jackie Welsh, Corresponding Secretary 277-1968, <jackie.welsh.14@gmail.com>

Ladies of Notre Dame & Saint Mary's College 2016-2017 Membership Form

To b

2.	Send this form along with a check to Pam Chipman, 1208 Leeper Ave., S	•			
3.		member directory is Tuesday, October 18, 201	6.		
4.	You must be a member of LND/SMC to participate in Interest Groups.				
Last N	Last NameFirst Name				
Addres	SS				
	Street Address	City	State Zip Code		
Are yo	1 2	r Saint Mary's?	,		
	Title of your position:				
	Your Campus Address:				
	Do you want the newsletter sent	t to your home or campus address?	me		
Is you	snouse an employee of Notre D		•		
	spouse an employee of None De	ame or Saint Mary's? 🗆 Yes 🕒 No If	t yes,		
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☐ Electronic Mail

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Support the Ladies of Notre Dame and Saint Mary's College Scholarships for Local Women



Each year LND/SMC grants scholarships to deserving local women enrolled at Notre Dame and Saint Mary's.

See the Membership Form on page 11 for information on how you can contribute, making a difference in the lives of these young women.

LND/SMC ELECTED OFFICERS

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The next deadline for the January newsletter is PRIOR to January 13, 2017 <clanlannon@yahoo.com>
Dated material. DO NOT forward

Kaleidoscope LND/SMC P.O. Box 116 Notre Dame, IN 46556

LND/SMC Scholarship Fund for Local Women Supporters

Thank you!

A sincere thank you to the following members for their generous donations to the *LND/SMC Scholarship Fund* for *Local Women* at both the University of Notre Dame and Saint Mary's College.

As of October 25, 2016, we have received checks totaling \$1,135 for the University of Notre Dame and \$630 for Saint Mary's College.

* University of Notre Dame # Saint Mary's College

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Donations to the *LND/SMC Scholarship Fund for Local Women* at either the University of Notre Dame or Saint Mary's College are accepted at any time. Checks may be made payable to either (or both) school(s) and mailed to Pam Chipman, 1208 Leeper Avenue, South Bend, IN 46617.